Welcome to the Farsley Flyers' 2017 trail race. This is a very scenic route of the local area using public rights of ways and ideal for both running and walking. Expect some uneven and stony surfaces as well as grassed areas. Some short sections may be prone to natural growth of brambles and nettles.

The route starts and ends at Farsley Cenotaph, near LS28 5TL (bus stop 45012338). A shortcut is indicated which reduces the route to approximately 4 miles.
Users of these instructions must take their own responsibility and accept them as-is. Farsley Flyers accept no liability or loss through their use. Please follow the Highway and Country Codes, cross roads with care and close gates behind you.
> 1) Leave CENOTAPH, cross main road (CARE) to Sutcliffe's. CONT on pavement for 200 m uphill until steps on LHS up steps. BL for 100 m past children's playground to R. As path forks continue $L$ to opening in stone wall, BR and follow EP for 100 m . TR on pavement uphill until Wadlands Rise on L. proceed up Wadlands Rise to Red Lane at top, TR, follow until FCC and BR through stone posts to EP. CONT straight ahead for 100m, then follow LHFE, bear left into next field and follow RHFE, CONT past children's playground aiming for green metal stile. CONT on RHFE for 400m. CONT SA on tarmac footpath and take 2nd R and CONT over footbridge.
2) CONT SA towards school and follow BWS to R, CONT for 800 m . TL at blue FPS (Woodhall Hills) follow EP CONT through metal KG and CONT SA THRU path in field to FC. THRU EP CONT past FPS into foot golf course proceed uphill towards chimneys. At bench BL THRU footpath until road. TR CONT 200m along pavement, at Woodhall Hills Golf Club TR down track.
3) CONTSA for 800 m . TL at BWS into EP. CONT SA along EP for 800m. TR down Monson Avenue. At road end TR on Calverley Lane, X road (CARE) onto FP continue along Calverley Lane for 100 m - pub available on LHS.

You are now approximately half-way, either continue (PTO) or return (1 mile) by continuing to follow Calverley Lane, cross the Ring Road (extreme care) then continue straight on Calverley Lane to reach the Cenotaph once more.

| BL | Bear Left | FCC | Farsley Cricket Club | R | Right |
| :--- | :--- | :--- | :--- | :--- | :--- |
| BR | Bear Right | FPS | Footpath Sign | RHFE | Right Hand Field Edge |
| BWS | Bridleway Sign | KG | Kissing Gate | RHS | Right Hand Side |
| CMW | Calverley Millennium Way | L | Left | SA | Straight Ahead |
| CONT | Continue | LHFE | Left Hand Field Edge | THRU | Through |
| EP | Enclosed Footpath | LHS | Left Hand Side | TL | Turn Left |
| FC | Field Corner | MP | Marker Post | TR | Turn Right |
|  |  |  |  | X | Cross |

4) Continue along Calverley Lane for 500 m . TL at Owl Monument and follow FPS Gawthorpe Way for 100 m to metal KG. Follow RHFE until children's playground, follow green metal fence on R until FPS. TL and follow CMW along EP for 100m, CONT SA at MP until opening at road. TAKE CARE, cross road and TR. CONT SA and TL at FPS (Leeds-Liverpool Canal).
5) THRU KG and X field (cows in field) aiming for fence, follow RHFE to metal gate, CONT RHFE into EP to KG. cross bridge and TR and follow canal on LHS for 500 m . TR over bridge and CONT SA for 100 m . X road (CARE) to Oaklands Road, CONT along Oaklands Road, at end of road continue along track for 300m, at track end TL. Xroad (CARE) at house no 114 TL and CONT SA.
6) Proceed for 200m until terraced house on R, TR at archway and up steps. CONT uphill along path for 100 m , TR and CONT SA along grass FP past swing and bench until FPT junction. TR. CONT SA THRU woods. At opening CONT R until FP bears R. CONT along FP towards the right for 300m (ignore tracks to left and right). At footpath end TR downhill and CONT until T junction at Pro Fit Gym, TR and follow pavement for 200 m .
7) TL at FPS, CONT through pavement aiming for grassed area. CONT on LHS until FP opening. TR and TL along EP to steps. CONT SA, at T junction TR onto Kirklees Drive, follow Kirklees drive until the end. TL on pavement and CONT to CENOTAPH to FINISH.


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